



FUTURE ROOTS NEWSLETTER

NEW YEAR 2024



HAPPY NEW YEAR EVERYONE

Welcome to 2024, we want to extend our warmest wishes to you all, and we wish to thank our sponsors and everyone who has donated to Future Roots over the past year, your continued support means the world to us, we really do appreciate your kind generosity and we are excited for the new year ahead, if you would like to know more about our organisation and ways you can help or simply to donate, please visit our website at futereroots.net or call us on: 01963 210703, we would love to hear from you.

Short Breaks Holiday Club

This runs during the school holidays on our Farm Site providing activities for young people who live in Dorset and have a diagnosis or recognised social and emotional needs. Activities include countryside walks, outdoor games & animal care. Sessions run from either 10am – 2pm or 10am – 3pm and the fee is £10 per session. If you would like more information.

Please call: 01963 210703 or

Email: suzanne@futereroots.net

February Half Term

Mon 12th February – Friday 16th February 2024

Easter Holidays

Week 1

Tues 2nd April – Friday 5th April 2024

Week 2

Mon 8th April – Friday 12th April 2024



THANK YOU

Intaconsult, John Griffin for donating Christmas presents for all the people who attend the farm

Bradfords and Enterprise Mobility, for raising £1500 for Future Roots & Countrymen UK

Dorset Youth Fund, for our Outreach Project

Masonic Charitable Foundation, for donations to support Future Roots & Countrymen UK

Bean Shot Café, for the use of their premises during our Outreach Project

Gryphon School Sixth Form, for raising £500 by holding a bingo evening for Countrymen UK

Sherborne Faith in Action, for their kind donation

Snug update: Towards the end of last year, the hard work of our staff and volunteers certainly paid off as we were finally able to move our now shorter snug into its new position. We extend our huge thanks to Brian for helping to move the snug into its new location, and also to all of the team who worked so hard to make it useable again. We now have a comfortable area where we can sit and chat with our young people who need 1:1 support or have poor mental health.



Pampering our Older Animals

The colder weather is difficult for everyone and our older population is no exception. Here on the farm being an older animal is also very difficult. Alice our pony who we think is about 37 years old has a nice snug rug which keeps her warm during the coldest of days and Star our 13 year old Belted Galloway X, has arthritis and his medication, a warm winter coat and lots of extra warm bedding all helps to make him more comfortable when the weather is cold and wet.





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NEW PROGRAMME UPDATE

We are excited to share some information about our new Growing Project, this will support young men aged 16 to 25, who have a disability or poor Mental Health, the project will be run by Annie our new Learning Mentor, Annie has completed an introduction course with Thrive and has a Level 2 City & Guilds Fruit & Veg Growing qualification. Plans are underway to improve the area ready for some serious growing which we hope to start in May. Our aim is to share our produce with those in our local community later in the year. if you know of anyone who can help with donations of soil, paving, stone, equipment, seeds and plug plants, we would very much like to hear from you, please get in touch by calling: 01963 210703.



Congratulations

Congratulations to our young people who have recently passed their Functional Skills in Maths and English.

As well as offering courses for Functional Skills in Maths and English we also offer NOCN qualifications in Farming and Employability, this is our own accredited qualification called Future Farmer.

Rural Remedies We aim to support young people aged between 9-13 who are showing signs of anxiety and poor emotional health but do not yet meet the criteria of statutory thresholds. We aim to offer young people a sense of belonging, resilience and emotional regulation by using a combination of animal-based therapy and using the outdoor environment during our sessions.

Email: claire@futereroots.net or call: 01963 210703.

Futures Plus Programme



Our Futures Plus programme is funded by The John Lewis Foundation. The project is set up to work with young people aged 16 to 20 who have missed out on their education. The project will help 10 young people transition into college or work, help young people attend interviews, identify work experience placements and potential employers, C.V, Short Course qualification and training. The main part of the work is to engage and support young people into further education and employment, with a focus on agriculture and other rural employment.



Future Roots Youth Ambassadors

We have held several meetings since our last newsletter and all of our young people have been successful in expressing their opinions on selected topics. These will be portrayed in a 20-minute video and a book, we interviewed some of our young people and we have 3 stories so far, we have also completed 1 of our 4 video days. These will then be used as a training aid for schools and social workers or even to evoke change with other young people but especially to ensure their voices are heard.

We are really grateful for every donation we receive, if you would like to make a donation to help our work with young people

please visit www.localgiving.org/charity/futereroots/