



FUTURE ROOTS

NEWSLETTER AUTUMN 2023



Welcome to our latest newsletter, we have had a really exciting summer here on the farm and we have lots of exciting things to share with you.....

Our new Futures Plus Programme



The Futures Plus programme is funded by The John Lewis Foundation. The project is set up to work with young people aged 16 to 20 who have missed out on their education. As part of the project, we will have a video produced to use as a promotional tool, aiming to show the positive impact the project has had on the young people, and encouraging/showing the benefits of working within agriculture.

The project will help 10 young people transition into college or work, help young people attend interviews, identify work experience placements and potential employers, C.V, Short Course qualification and training. The main part of the work is to engage and support young people into further education and/employment, with a focus on agriculture and other rural employment.

Thank You



During the summer holidays the staff from Wessex Water gave up their time to come and help us re decorate some much-needed areas here at Future Roots, a great day was had by all and we thank everyone for all of their hard work.

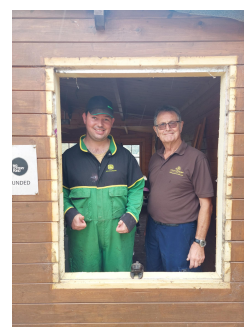


We wish to welcome Mary as a permanent member of our team, Mary initially came as a young person, and we are so proud of all she has achieved to become our trainee youth worker, we also welcome Annie and Cath who have also joined our team of learning mentors.

Exciting Improvements on the Farm

We have received an anonymous funding donation, this now means that we can now start the long-awaited work on re vamping our car park, welcome and arrival area here at the farm.

Our team of volunteers and staff have already made a great start on modifying the old classroom to make it smaller and more suitable for its new purpose and it will be moved shortly to its new location, the car park improvements and general look to the entrance area will be next on the list, watch this space, further updates to follow in the coming months.



Short Breaks Holiday Club

Runs only in the school holidays with activities for young people who live in Dorset and have a diagnosis, to include countryside walks, outdoor games & animal care, sessions run from 10am – 2pm and the fee is £10 per session, if you would like more information.

Please call: 01963 210703 or

Email: office@futereroots.net

Christmas Half Term Dates

Week 1

Mon 18th Dec – Fri 22nd Dec 2023

Week 2

Weds 27th Dec – Fri 29th Dec 2023

Pampering our Older Cows

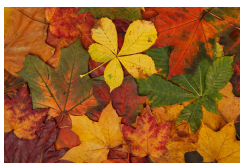
It was the quarterly pedicure day on the farm for our two very special older boys, thank you to Rob Todd for helping to keep them mobile.





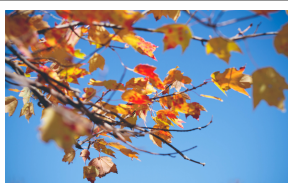
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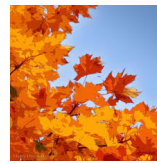
Rural Remedies, we aim to support young people aged between 9-13 who are showing signs of struggling but do not yet meet the criteria of statutory thresholds. We aim to instil a sense of belonging, resilience and emotional regulation by using a combination of animal-based therapy and using the outdoor environment during our sessions.

Email: claire@futereroots.net or call: 01963 210703



Branching out, in partnership with CAMHS Gateway, our aim is to offer additional therapeutic intervention using animals and the countryside. Jenny will support you throughout your sessions here, it is important to us that you feel safe and listened to. If you feel we can help, please get in touch.

Email: jenny@futereroots.net or julie@futereroots.net Telephone: 01963 210703



Dorset Families Matter, Future Roots is currently able to offer, Parenting & Family support, Therapeutic Services and Positive Activities for Families. Professionals working with children & families can contact Tim Wells on 01963 210703 or email: tim@futereroots.net. We have had some really positive feedback from the families we have already assisted.

Future Roots Youth Ambassadors

We are pleased to let you know we have had 4 meetings since our last newsletter and all of our young people have been successful in expressing their opinions on selected topics that will be portrayed in a 20-minute video and a book. They will then be used as a training aid for schools and social workers or even to evoke change with other young people but especially to ensure their voices are heard. The photograph is of our over 16's ambassador group wearing their new Ambassadors polo shirts.



Staff Training

At the end of August, we welcomed Jackie Webb – Motivational Interviewing trainer to the farm for a two-day course for the whole team, it was a really interesting and inspirational course providing us all with further tools to work with and help our young people.

Fundraising update

We held another tractor road run in September, despite the wet and windy weather, we raised a total of £270 for Future Roots and Countrymen UK, thank you to everyone who supported us.

Fixing the Future, we will be out & about in Sherborne on a Tuesday offering support to young people. We are hoping to find a local business who will allow us to use their premises as a base for an hour or so over the next few months so we can offer refreshments, if you can help, please call: 01963 210703.

Autumn Farm Facts:

A Tortoise can smell using its throat.

Charles Darwin and Steve Urwin took care of the same Tortoise who lived until it was 175 years old.

We are really grateful for every donation we receive, if you would like to make a donation to help our work with young people

please visit www.localgiving.org/charity/futereroots/