

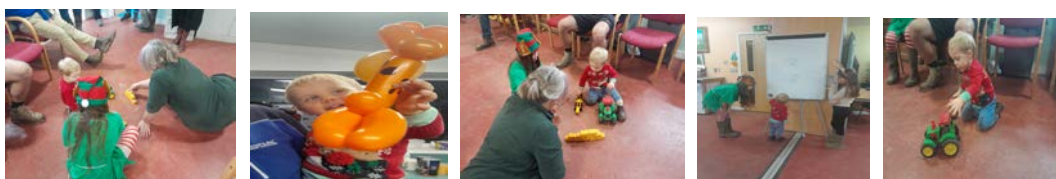
FUTURE ROOTS

NEWSLETTER SPRING 2023



Welcome to the latest newsletter, as we head into the new year, we have lots of exciting things to share with you.....

The end of 2022 went out with a really positive bang, seeing the year out with our past young people and their children and our current young people with their siblings was a really special time for all the team and participants, we owe a big thank you to John Griffin and his company for sponsoring such a special event and to those who donated Christmas Tree's so we could make this event so special.

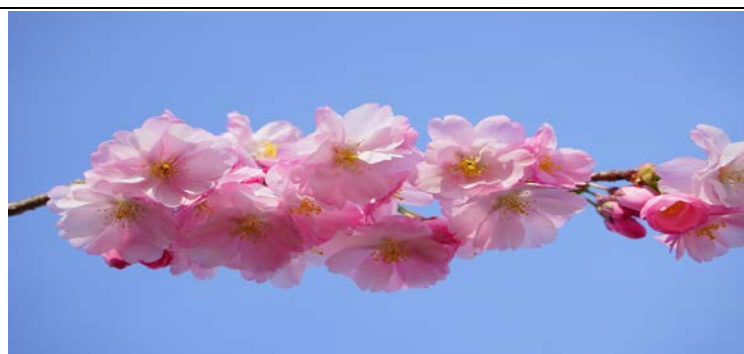


Fundraising Events 2023

Tractor Road Runs

2nd April

28th May



Branching out, set up in Sept 2022 and run by Jenny in partnership with CAMHS, our aim is to offer additional therapeutic intervention using animals and the countryside. Jenny will support you throughout your sessions here, it is important to us that you feel safe and listened to, that you have space to explore your feelings and talk to people that understand whilst helping you to find solutions and ways to cope and of course spend time with animals in this natural environment whilst having fun and forgetting your worries for a little while. If you feel we can help, please get in touch, Tel: 01963 210703 or email: jenny@futrureroots.net or julie@futrureroots.net, we would love to hear from you.

Staff Member Gues who



Short Breaks, run only in the school holidays, activities for young people with a diagnosis, to include countryside walks, outdoor games & animal care, sessions run from 10am – 2pm and the fee is £10 per participant, if you would like more information please call: 01963 210703 or

Email: office@futrureroots.net

Easter Holidays

03/04/23 - 06/04/23 week 1

11/04/23 – 14/04/23 week 2

May Half Term

30/05/2023 – 02/06/23

Goodbyes & Hello's

We also had some changes in the team and saying goodbye is never easy to long term employees but we wish them all well in retirement and new jobs



At the same time we very much welcome our new team members and others due to start in April due to Lottery funding which is very exciting.





Rural Remedies, an exciting 3 year project for 9-13 year olds, you might be concerned about changes in mood or behaviour but don't meet statutory thresholds, we will welcome referrals from families and other services, there will also be opportunities for small group work, please call us from the 1st May 2023 to find out more on: 01963 210703

Congratulations!

We are really proud of Keiron for passing his entry level 3 functional skills in Maths, well done Keiron this is such great achievement

Guess who, the answer is: Mary Anne.



Future Roots Youth Ambassadors, for young people who have attended over the past 15 years, we want to hear young people views around topics that are important to them

Fixing the Future, we will be out & about in Sherborne on a weekly basis offering support to young people. we are hoping to find a local business who will allow us to use their premises as a base so we can offer refreshments over the next 3 months, if you can help, please call: 01963 210703



Dorset Families Matter

Future Roots is currently able to offer, Parenting & Family Support, Therapeutic Services and Positive Activities for Families please contact Tim Wells on 01963 210703 or email tim@futereroots.net

We have had some really positive feedback from the families we have already assisted

' Thank you for listening and caring for our little boy. It's made a huge difference to him and us as a family'- parent

' A Lot of progress has been made from how bad things were a few weeks agothe animals and staff here are amazing , thank you so much for your help'- parent



We are really grateful for every donation we receive, if you would like to make a donation to help our work with young people, please visit www.localgiving.org/charity/futereroots/ or call 01963 210703